

# More courageous together!

Have you ever been nervous about going to school?  
Have you ever been nervous about new situations?  
Have you ever been afraid of failing?  
Have you ever been afraid to ask for help?  
Have you ever been afraid to be yourself?

We all have. But we've still been courageous and surpassed our own expectations. Everyone has courage – you just have to dare to use it for good.

Courage is standing up for someone else,  
courage is small acts of kindness in everyday life,  
courage is asking for forgiveness and forgiving,  
courage is asking for help,  
courage is outdoing yourself, but also knowing how to say no,  
courage is singing on stage even when you're nervous,  
courage is being exactly who you are,  
courage is daring to speak your mind, although that doesn't mean you can say whatever you want.

We are all courageous in our own way. But you don't have to be courageous alone, accept a helping hand. Let's not judge others, we all make mistakes.

Don't give up halfway through, let's try again together.

If we add up all our courage, it'll contribute to something bigger. Courage is not a limited resource – it's infinite and should be shared with others. Let's be courageous together.

**Declaration of school peace 28 August 2025**

Koulurauha  
Skolfreden



MANNERHEIMIN  
LASTENSUOJELULIITTO

folkhälsan



OPETUSHALLITUS  
UTBILDNINGSSTYRELSEN



POLIISI

Suomen

VANHEMPAINLIITTO